Shabbat Va-yakhel / Shabbat Parah 22 Adar 5785 / 21-22 March 2025

Erev Shabbat

18:30 Erev Shabbat Service (in the Beit Tefillah)

Led by Rabbi Elliott, Rabbi Nicola and Katie. We are delighted to be joined by RSY-Netzer Movement Workers Josh Freedman, Katie Freedman and Carrie Lee, who will give the Dvar Torah in this service.

Shabbat Morning

9:30 Choir Rehearsal (in the Kindergarten) Rehearsing Alyth's Shabbat repertoire.

10:30 Shabbat Morning Choral Service (in the Beit Tefillah)

Led by Rabbi Nicola with the Alyth choir. The Torah will be read by Alma Katz and Rabbi Nicola. The Sermon will be given by Rabbi Colin. There will be an unsupervised kids corner in the Beit Tefillah.

10:30 Shabbat Morning Service (in the Cecil Rosen Hall)

Led by Rabbi Elliott accompanied by quitar. The Torah will be read by Charlie Furman. The sermon will be given by Rabbi Colin. There will be an unsupervised kids corner.

Coming up at Alyth

We need to Talk About...Progressive Judaism

Sunday 24 March (19:30)

Since March 2023, the Movement for Reform Judaism and Liberal Judaism have been moving towards a combination and formation of a new movement: Progressive Judaism. The combination is now close to being a reality, and the movements will soon be turning to their members to vote on this integration. We will be joined by special quest Rabbi Rebecca Birk and members of Alyth deeply involved in the process: Paul Langsford, Nick Aleksander and Noeleen Cohen. Please see online for more details.

There will be an opportunity to speak with our Alyth Trustees about the combination before we move forward as a community. This event will take place on Monday 28 April - more details to follow in Around Alyth. As always, our clergy and professional team and Alyth trustees are available to talk to you about any questions or concerns you may have. Please be in touch.

Alyth's Weekend Away Friday 28 – Sunday 30 March

Offering something for everyone, with a variety of indoor and outdoor activities to choose from. Over 180 people have signed up to our weekend away. If you would like to make a last-minute booking, please contact sam@alyth.org.uk.

Shabbat Services at Alyth

Throughout Jewish history, Shabbat has been at the heart of Jewish life, a distinctive and special time, different from the working week. At Alyth, we strive to uphold this holiness of Shabbat, with learning and multiple services to meet the needs of the community. Please help us to ensure that everyone can pray and participate by thinking about the needs of those around you. If you need to leave the service to avoid disturbing others, please note that the service can be watched on livestream, this week in the kindergarten.

When we want to show appreciation during a service, it is traditional not to applaud but to shout 'yasher koach' or 'sh'koach', which means 'strength to you.' Please refrain from applauding but join in this greeting.

In case of an emergency, evacuation of the building is either through the main entrance doors, congregating on Temple Grove, or via the kindergarten into the cemetery. Please do not gather on Alyth Gardens as this may block emergency services access.

We will make Kiddush together over wine and challah on Friday nights & Shabbat mornings to end our services. We ask that you please not drink or eat until we have said the blessings. On Shabbat, as through the week, we rely on the contribution of many of our members. Thank you to everyone who has helped to make this Shabbat special. Shabbat Shalom.

Additional Songs and Readings for Shabbat

Zamru l'Adonai Words: Psalm 98:5

Music: Yoel Sykes זַמָרוּ לַיהוָה בְּכָנוֹר; בְּכָנוֹר, וְקוֹל זְמִרֵה:

Zam'ru l'Adonai b'khinor, b'khinor v'kol zimra. Play to the Eternal with the harp, with the harp and the voice of music.

Adonai Oz

Words: Psalm 29:11

Music: Yoel Sykes and Daphna Rosenberg יִהוָה עָז, לְעַמּוֹ יְתֵן; יִהוָה, יִבָרֶךְ אֶת-עַמּוֹ בַשַּׁלוֹם:

Adonai oz l'ammo yittein. Adonai y'vareich et ammo vashalom. God give strength to Your people, God bless Your people with peace.

Hashkiveinu

Music: Dan Nichols

הַשָּׁכִּיבֵנוּ יהוה אֱלֹהֵינוּ לְשָׁלוֹם וְהַעֵּמִידֵנוּ מַלְכֵנוּ לְחַיִים

Hashkiveinu Adonai eloheinu l'shalom, v'ha'amideinu malkeinu l'chayyim Spread the shelter of Your peace over us; Guide us in wisdom, compassion and trust Save us for the sake of Your name; Shield us from hatred, sorrow and pain

ברוד אתה יהוה. הפורש סכת שלום עלינו ועל־עמו ישראל ועל־כל־העולם:

Baruch attah Adonai, ha-poreis sukkat shalom aleinu val ammo yisra'el, val kol ha-olam Blessed are You God, spreading the shelter of peace over us, over Your people Israel, and over all the world.

Nachman of Bratslav's Prayer for Peace

May it be Your will, Eternal God, that war and bloodshed be abolished from the world, that a great and wondrous peace rule forever; that never again shall nation lift up sword against nation, and never again shall they train for war. But may all who dwell on the earth recognize and understand the basic truth: that we have not come into this world for strife and division, nor for hate and jealousy, contrariness and bloodshed; but we have come into this world to recognize and know You, may You be blessed forever.

A Prayer for the Release of Captives

Words: based on the words of Kol Haneshamah Reform Congregation, Jerusalem

God of Abraham, the first who risked his life for the release of captives. God of Moses, Miriam and Aaron, whose words and actions brought us out of slavery. God of Elijah, who was comforted through his deep despair, by your still small voice. Be with those everywhere who are enslaved and captive. We wait and pray in hope that they will be returned to their loved ones. In this time of uncertainty, grant strength and resilience to them and their families. Give wisdom, courage and conviction to all those working to bring them home. Help us to understand what we too can do to support those in distress.

בּרוּך אַתַּה יִהוָה אֱלֹהֵינוּ מֵלֵך הַעוֹלַם מַתִּיר אָסוּרִים:

Baruch attah Adonai eloheinu melech ha-olam matir asurim. Blessed are you our Living God, who frees captives.

K'hilah K'doshah Music: Dan Nichols

If you are "atem" then we're "n'tzavim." We stand here today and remember the dream. Kehilah kedoshah ...

Each one of us must play a part. Each one of us must heed the call. Each one of us must seek the truth. Each one of us is a part of it all. Each one of us must remember the pain. Each one of us must find the joy. Each one of us, each one of us. Kehilah kedoshah ...

Each one of us must start to hear. Each one of us must sing the song. Each one of us must do the work. Each one of must right the wrong. Each one of us must build the home. Each one of us must hold the hope. Each one of us, each one of us. Kehilah kedoshah

It's how we help. It's how we give. It's how we pray. It's how we heal. It's how we live. If you are "atem" then we're "n'tzavim." We stand here today and remember the dream. Kehilah kedoshah

Ivdu

Part 1:

lvdu

Bo'u

Words: Psalm 100:2 and 95:3

עַבִדוּ אֵת־יִהוָה בִּשְׂמִחָה בֹּאוּ לְפָנֵיו בִּרְנָנָה - כִּי אֵל מֵלֵך גָּדוֹל יִהוָה

Music[.] Or Zohar

(lvdu...u) (simcha, simcha, simcha...) (Bo'u, bo'u bo'u...u) (na, na, na, na, na....)

l'fanav birna'na...ah Ki El melech gadol Adonai (x4)

Serve God in gladness; Come into God's Presence with joy. For God is a great Sovereign.

Exodus 35:1-14

¹Moses then convoked the whole Israelite community and said to them: These are the things that God has commanded you to do: ²On six days work may be done, but on the seventh day you shall have a sabbath of complete rest, holy to God; whoever does any work on it shall be put to death. ³You shall kindle no fire throughout your settlements on the sabbath day.

י וַיִּאמָר משׁה אֶל־כַּל־עֵדַת בְּגֵי־יִשְׂרָאֶל לֵאמִר זֵה הַדָּבָר אֲשֶׁר־צְוָה יִהוֹה לֵאמֹר: ^ה קַחוֹן מֵאָתִכֵם תּרוּמָה לֵיהוֹוֶה כִּל נִדִיב לְבֵּוֹ יִבִיאֶהָ אֶת תּרוּמֵת יִהוֹה זָהָב וָכֵסֵף וּנְחַשָּׁת: ' וּתַכַלָת ואַרְגַמן וְתוֹלַעֵת שָׁנִי וְשָׁשׁ וְעָזֵים: ' וְעִרֹת אֵילָם מָאָדַמִים וְעָרֹת תַחַשִּׁים וַעֵצֵי שָׁטִים: " וִשָּׁמֵן לַמַאור וּבִשַּמִים לְשָׁמֵן הַמִשְׁחָה וִלְקָטרֵת הַסַמִּים: ט ואבני־שהם ואבני מלאים לאפוד ולחשן: ' וכל־חַכָם־לָב בָּכָם יָבָאו וְיַצֵשוֹ אָת כל־אשר צוה יהוה:

⁴Moses said further to the whole community of Israelites: This is what God has commanded: 5 Take from among you gifts to God; everyone whose heart is so moved shall bring themgifts for God: gold, silver, and copper; ⁶blue, purple, and crimson yarns, fine linen, and goats' hair; ⁷tanned ram skins, dolphin skins, and acacia wood; ⁸oil for lighting, spices for the anointing oil and for the aromatic incense; ⁹lapis lazuli and other stones for setting, for the ephod and the breastpiece. ¹⁰And let all among you who are skilled come and make all that God has commanded

אַת־הַמִּשְׁכָּן אַת־אָהֵלוֹ ואַת־מִכְסֵהוּ אֵת־קָרָסָיוֹ ואַת־קָרָשָׂיו אֵת־בִּרִיחָו אֵת־ עמדיו ואת־אדניו: 'ב את־הארן ואת־בַּדִיו אַת־הַכָּפּרָת ואָת פַּרֹכָת הַמַסַדָּ: '' אָת־ הַשָּׁלְחֵן וְאֶת־בַּדֵיו וְאֶת־כַּל־כָּלֵיו וְאֶת לַחֵם הַפָּגֵים: יד וְאֶת־מִנֹרַת הַמָּאוֹר וְאֶת־כָּלִיהַ ואת־נרתיה ואת שמן המאור:

¹¹ the Tabernacle, its tent and its covering, its clasps and its planks, its bars, its posts, and its sockets; ¹²the ark and its poles, the cover, and the curtain for the screen; ¹³the table, and its poles and all its utensils; and the bread of display; ¹⁴the lampstand for lighting, its furnishings and its lamps, and the oil for lighting.

Torah Portion for Shabbat Parah Numbers 19:1-10

^א וַיִדַבֵּר יְהוֹה אֵל־משָה וָאֵל־אָהֵרוֹ לֵאמֹר: ^ב זָאַת חָקָת הַתּוֹרָה אֲשֶׁר־צְוָה יְהוֹה לאמר דַבֶּר ו אָל־בָנֵי יִשָּׁרָאָל וִיִקְחוּ אָלֵידָ פַרָה אָדָמָה תִמִימָה אָשֶר אָין־בָה מוּם אַשֶׁר לא־עָלָה עָלֵיהָ עָל: ג וּנָתַתֵּם אֹתָה אֵל־אַלְעָזָר הַכֹּהֵן וְהוֹצִיא אֹתָה אֵל־מָחוּץ לַמַחַנָּה וִשָּׁחֵט אֹתָה לִפָּנֵיו: ^ד וִלָקַח אֵלִעָזָר הַכּהֵן מִדָּמָה בָּאַצְבָעוֹ וִהוָיָה אֵל־נֹכַח פּנֵי אָהָל־מוֹעָד מִדַּמָה שָׁבַע פּּעַמִים: ^ה וִשְּׁרַף אֶת־הַפּּרָה לְעֵינֵיו אֶת־עֹרָה וְאֶת־בִּשָּׂרָה וְאֶת־דָּמָה עַל־פִּרְשָׁה יִשְׂרֹף: יֹ וְלָקַח הַכֹּהֵן עֵץ אֶרֵז וְאֵזוֹב וּשְׁנִי תוֹלָעַת וְהִשְׁלִידְ אַל־תּוֹדְ שִׁרַפַּת הַפָּרָה: ' וִכְבֵּס בְּגָדַיו הַכֹּהֵן וְרָחֵץ בִּשְּׁרוֹ בַּמֵּיִם וִאַחָר יָבָא אֵל־הַמַחַנָה וְטָמֵא הַכֹּהֵן עַד־הָעָרֵב: ח וְהַשֹּׁרֵף אֹתָה יִכַבֶּס בְּגָדֵיוֹ בַּמֵּיִם וְרָחַץ בִּשָּׁרוֹ בַּמָיֵם וְטָמֵא עד־הַעַרַב: " וָאָסַף ן אֵישׁ טַהוֹר אֵת אֵפֵר הַפָּרָה וְהִנֶּיָחַ מְחוּץ לַמְחֵנֶה בְּמָקוֹם טָהוֹר וְהִיתֵה לַעַדֹת בְּנֵי־יִשְׁרָאֵל לְמִשְׁמֵרת לְמֵי נְדָה חַטַּאת הוא: ' וְכָבָּט הָאָסֹף אֶת־אָפָר הַפּּרָה אֶת־בָּגָדַיו וְטָמֵא עַד־הַעָרֵב וְהֵיֶתָ״ה לְבְנֵי יִשְּׁרָאֵל וְלַגֵּך הַגֵּר בְּתוֹכָם לְחָקַת צולם:

¹ God spoke to Moses and Aaron, saying: ²This is the ritual law that יהנה has commanded: Instruct the Israelite people to bring you a red cow without blemish, in which there is no defect and on which no yoke has been laid. ³You shall give it to Eleazar the priest. It shall be taken outside the camp and slaughtered in his presence.⁴Eleazar the priest shall take some of its blood with his finger and sprinkle it seven times toward the front of the Tent of Meeting. ⁵The cow shall be burned in his sight—its hide, flesh, and blood shall be burned, its dung included—⁶ and the priest shall take cedar wood, hyssop, and crimson stuff, and throw them into the fire consuming the cow. ⁷The priest shall wash his garments and bathe his body in water; after that the priest may re-enter the camp, but he shall be impure until evening. ⁸The one who performed the burning shall also wash those garments in water, bathe in water, and be impure until evening. ⁹Another party who is pure shall gather up the ashes of the cow and deposit them outside the camp in a pure place, to be kept for water of lustration for the Israelite community. It is for purgation. ¹⁰The one who gathers up the ashes of the cow shall also wash those clothes and be impure until evening. This shall be a permanent law for the Israelites and for the strangers who reside among them

Part 2: et Adonai b'simcha

Torah Portion for Shabbat Va-yakhel

א ויקהל משה את-כל-עדת בני ישראל ויאמר אלהם אלה הדברים אשר-צוה יְהוֹה לַעֲשֹת אֹתָם: ^ב שַׁשָׁת יַמִים תַּעַשָּה מִלָאכָה וְבַיוֹם הַשָּׁבִיעִי יְהָיָה לַכֵם קָדָש שַׁבַּת שַׁבַּתוֹן לַיָהוֹה כַּל־הַעשָׁה בו מַלַאכָה יוּמַת: ג לאַ־תְבַעַרוּ אָשׁ בְּכֹל מַשָּׁבֹתֵיכָם ביום השבת:

Haftarah 1 Kings 7:13-14; 40-51

¹³ King Solomon sent for Hiram and brought him down from Tyre. ¹⁴ He was the son of a widow from the tribe of Naphtali, and his father had been a Tyrian, a coppersmith. He was endowed with skill, ability, and talent for executing all work in bronze. He came to King Solomon and executed all his work.

⁴⁰ Hiram also made the lavers, the scrapers, and the sprinkling bowls. So Hiram finished all the work that he had been doing for King Solomon on the House of God: ⁴¹ the two columns, the two globes of the capitals upon the columns; and the two pieces of network to cover the two globes of the capitals upon the columns; ⁴² the four hundred pomegranates for the two pieces of network, two rows of pomegranates for each network, to cover the two globes of the capitals upon the columns; ⁴³ the ten stands and the ten lavers upon the stands; ⁴⁴ the one tank with the twelve oxen underneath the tank; ⁴⁵ the pails, the scrapers, and the sprinkling bowls. All those vessels in the House of God that Hiram made for King Solomon were of burnished bronze. ⁴⁶ The king had them cast in earthen molds, in the plain of the Jordan between Succoth and Zarethan.⁴⁷ Solomon left all the vessels [unweighed] because of their very great quantity; the weight of the bronze was not reckoned. ⁴⁸ And Solomon made all the furnishings that were in the House of God: the altar, of gold; the table for the bread of display, of gold; ⁴⁹ the lampstands—five on the right side and five on the left—in front of the Shrine, of solid gold; and the petals, lamps, and tongs, of gold; ⁵⁰ the basins, snuffers, sprinkling bowls, ladles, and fire pans, of solid gold; and the hinge sockets for the doors of the innermost part of the House, the Holy of Holies, and for the doors of the Great Hall of the House, of gold.⁵ When all the work that King Solomon had done in the House of God was completed, Solomon brought in the sacred donations of his father David-the silver, the gold, and the vessels—and deposited them in the treasury of the House of God.

Save the Date

Pesach Communal Seder Sunday 13 April (18:30)

Come together with your Alyth family to read the Haggadah and enjoy a three-course meal. Led and hosted by Rabbi Elliott and Lynette, a fried fish, poached salmon or vegetarian meal will be served. \pounds 35 per adult; \pounds 18 for under 16s. Please see online for details and to book no later than 31 March.

Yom HaShoah Commemorative Concert & Service Wednesday 23 April (19:15) Please join us for a special commemorative Holocaust Day concert featuring Alyth choirs and soloists. Following the hour-long concert, there will be a brief pause and then we will come together for our Yom HaShoah Service.

Year 7 & 8 Secret Cinema Saturday 26 April (17:00)

A highlight of the Youth and Education calendar. For all those in year 7 and 8, join us for a cinema evening with dinner, snacks, fun and friends. Contact izzie@alyth.org.uk for more information and to sign up.

May Day Trip to Waddesdon Manor Thursday 1 May

A must-do date for your diary, this May Day. Please join us for a trip to Waddesdon Manor, including the chance to see the new exhibition 'Discovering Jewish Country Houses: Photographs by Helene Binet'. Travel by coach from Alyth leaving at 9:30 for a visit to this beautiful house owned by the Rothschild family and view the exhibition. We will return to Alyth at approx. 17:30. Cost: £50 per person to include transport and entrance. Costs for National Trust Members: Free Entry; Transport cost £25 per person. Lunch not included. For information, contact lynette@alyth.org.uk or on 020 8457 8793.

Academy Presents: Bugsy Malone Sunday 4 May (14:30 & 18:00)

Please come and support our incredible cast of talented teenagers performing this year's Academy show, Bugsy Malone. There are two shows on Sunday 4 May at 14:30 and 18:00. Tickets can be bought in advance from abi@alyth.org.uk or on the door. Come and enjoy the show and our Beit Tefillah 1920s speakeasy! If you are interested in joining the Academy cast of 2026's production, please email abi@alyth.org.uk.

Contact Us

Adam Martin	<i>Community Director</i> adam@alyth.org.uk; 020 8457 8789
Lynette Chazen	<i>Head of Community Care and Life Cycle Designated Safeguarding Lead</i> lynette@alyth.org.uk; 020 8457 8793
Sam Heller	<i>Head of Member Engagement</i> sam@alyth.org.uk; 020 8457 8796

Rabbinic Team

Rabbi Hannah Kingston, Rabbi Elliott Karstadt, Rabbi Colin Eimer, Rabbi Nicola Feuchtwang Rabbi Josh Levy (Emeritus)

Community News

Alyth is built on a foundation of mutual care, in which we share one another's joys and sorrows, and accompany one another through our life journeys.

On this Shabbat we celebrate with:

Charlie Furman, who is reading Torah for the first time in our Shabbat morning service to celebrate becoming B'nei Mitzvah

Alma Katz, who is reading Torah for the first time in our Shabbat morning service to celebrate becoming Bat Mitzvah

We regret to announce the death of:

Stephanie Baker, wife of Leonard Baker and mother of Abigail Levitt, Nicola Oakley and Kate Ainslie

We join with those marking the anniversary of the death of a loved one:

Monty Aronberg, father Gary Aronberg Leonard Baker, husband of Yvonne Baker, father of Toby Baker and Polly Baker Matthew Baker, son of Yvonne Baker, brother of Toby Baker and Polly Baker Philip Beckman, father of Caroline Olshewsky, stepfather of Ruth Smilg Vivienne Cass, sister of Shirley Freeling Louis Cohen, father of Pauline Liss Joe Cooper, father of Pauline Gordon Bert Dale, father of Sandra Wick Alan Davidson, father of Jo Shipton, brother of Diana Burns Morris Emanuel, father of Rabbi Charles Emanuel Colyn Ezer, husband of Sylvia Ezer Winston Forman, father of Debbie Forman Philip Freedman, husband of Brenda Freedman, father of Kevin and Richard Freedman Martyn Gerrard, husband of Rachel Gerrard, father of Miriam Gerrard-May, Saul Gerrard and Simon Gerrard, brother of Dexter Moscow Ruth Goldich. cousin of Brian Goldich Rebecca Graff, mother of Raymond Graff Zigmond Green, father of Denise Blane Andrew Hartley, husband of Daisy Hartley Queenie Harvey, mother of David Harvey Louise Kaminsky, mother of Anita Simon Rev Isaac Levy, father of Ilana Isserow Tonie Levy, mother of Ilana Isserow **Conrad Lewis,** grandfather of Debra Berzin Cohen **Percy Lewis,** father of Sandra Lewis Harvey Lubin, husband of Lila Lubin, father of Jonathan Lubin Barbara Macdougall, sister of Anthony Gafson Jonathan Manson, brother of Michael Manson **Donald Martin.** father of Simon Martin Emma Mellow, mother of Ronald Mellow Betty Morris, mother of Anthony Morris and Judy Blendis Paul Myerson, brother of Nina Spivack Claire Pariser, mother of Valentine Scriven Frank Pariser, father of Valentine Scriven Victor Parnas, father of Zvia Klier **Tobias Polonsky,** son of Leonard Polonsky Tina Pope, mother of Hayley Baneth Michael Rabin, husband of Tamara Rabin Paul Rose, father of Jonathan Rose Wolfe Rosenberg, father of Helen Lederman Peter Rossiter, father of James Rossiter Anna Scarboro, grandmother of Marisa Murad Molly Sencier, mother of Cynthia Kovar William Shipton, father of Robert Shipton Jacqueline Stanley, mother of Davina Stanley Daniel Stern, son of Jeanne-Marie Stern Barry Stone, husband of Ruth Stone Harry Sunderland, father of Roy Sunderland Felicia Unger, grandmother of Miriam Jackman Phyllis Van Der Molen, mother of Adrienne Cutter Merle Weinbrenn, wife of Gerald Weinbrenn Stanley Weldon, father of Paul Weldon

The stone setting for Philip Freedman will take place on 6 April at 11:30 at Wilsden Cemetery.

Phil Wood, partner of Janine Clements