

Shabbat Pinchas 21 Tammuz 5784 / 26-27 July 2024

Erev Shabbat

18:30 Erev Shabbat Service (in the Beit Tefillah)

Led by Rabbi Hannah and Gideon Lyons.

Shabbat Morning

10:30 Shabbat Morning Choral Service (in the Beit Tefillah)

Led by Rabbi Hannah and Lynette Chazen.

The Torah will be read by Noah Kester.

The sermon will be given by Rabbi Hannah.

There will be an unsupervised kids corner in the Beit Tefillah.

Additional Songs and Readings for Shabbat

Ya’aloz Sadai

Words: Psalm 96:12 / Music: Yoel Sykes and Navot ben Barak

יַעֲלוּ שְׂדֵי וְכָל־אֲשֵׁר־בוֹ אֲז יִרְנְנוּ כָּל־עֵצֵי־יַעֲרֹ:

Ya'aloz sadai v'chol asher bo, az y'rann'nu kol atsei ya'ar.

Let the field be glad and all within it, let all trees of the forest sing out

Or Zarua

Words: Psalm 97:11 / Music: Jeff Klepper

אור־זָרַע לַצַּדִּיק וְלִישְׂרָיִלָב שְׂמֹחָה:

Or zaru'a la-tsaddik, ul'yishrei leiv simchah

A harvest of light is sown for the righteous, and joy for the constant heart

Bo'i khallah

Music: Lior Ben Hur & Sol Tevel

בּוֹאֵי כָּלָה פְּנֵי שַׁבַּת נִקְבְּלָה, לְכָה דוֹדֵי לְקִרְאֵת כָּלָה, לְכָה דוֹדֵי פְּנֵי שַׁבַּת נִקְבְּלָה

Bo'i khallah, bo'i khallah, p'nei Shabbat n'kab'lah, bo'i khallah, bo'i khallah, bo'i khallah L'chah dodi, l'chah dodi likrat kalla, p'nei Shabbat n'kab'lah

Come, my bride, to welcome in the Shabbat eve.

Come, my friend, to greet the bride, to welcome in the Shabbat eve.

Blessing on lighting Shabbat candles

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מְלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוְּנוּ לְהַדְלִיק נֵר שֵׁל שַׁבַּת:

Baruch attah Adonai eloheinu melech ha-olam, asher kidd'shanu b'mitsvotav, v'tsivvanu l'hadlik neir shel shabbat.

Blessed are You, our Living God, Sovereign of the universe, whose commandments make us holy, and who commands us to light the Sabbath candles.

Nachman of Bratslav’s Prayer for Peace

May it be Your will, Eternal God, that war and bloodshed be abolished from the world, that a great and wondrous peace rule forever; that never again shall nation lift up sword against nation, and never again shall they train for war. But may all who dwell on the earth recognize and understand the basic truth: that we have not come into this world for strife and division, nor for hate and jealousy, contrariness and bloodshed; but we have come into this world to recognize and know You, may You be blessed forever.

A Prayer for the Release of Captives

Words: based on the words of Kol Haneshamah Reform Congregation, Jerusalem

Music: Nurit Hirsch

God of our ancestors, God of Abraham, the first who risked his life for the release of prisoners and hostages, we turn to You to release all hostages and captives, all who are enslaved to others. We pray now in particular for all those taken hostage by Hamas, all those missing and unaccounted for; citizens, soldiers, men, women and children who are imprisoned and in grave danger. May it be Your will, God of All, that they be released speedily and returned to their homes, to their families and communities, safe and sound in body and in spirit. Plant the power of hope in the hearts of their loved ones frantic and yearning for their deliverance. Grant wisdom to those labouring for their release, and may compassion be in the hearts of their captors.

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מְלֶךְ הָעוֹלָם מַתִּיר אֲסוּרִים

Baruch attah Adonai eloheinu melech ha-olam matir asurim.

Blessed are you our Living God, who frees captives.

עֲשֵׂה שְׁלוֹם בְּמְרוֹמָיו הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ וְעַל כָּל־יִשְׂרָאֵל וְאֶמְרוּ אָמֵן:

Oseh shalom bimromav, hu ya'aseh shalom aleinu, v'imru amen.

May the Maker of peace in the highest bring this peace upon us, upon all Israel. Amen.

Hineh Ma Tov

Words: Psalm 133:1 / Music: Elana Arian

הִנֵּה מַה־טוֹב וּמַה־נְּעִים שַׁבַּת אַחִים גַּם־יַחַד:

How good it is and how pleasant when brothers live in unity together.

A) Hineh ma tov uma na'im shevet achim gam yachad

B) How good it is (How good it is); How sweet it is (How sweet it is);

To be together on this day

C) Shalom aleichem, salaam aleikum

Torah Portion for Shabbat Pinchas (Numbers 28:1-15)

א וַיְדַבֵּר יי אֶל־מֹשֶׁה לֵאמֹר: **ב** צוּ אֶת־בְּנֵי יִשְׂרָאֵל וְאִמְרַתְּ אֲלֵהֶם אֶת־קִרְבְּנֵי לַחֲמֵי לְאִשֵּׁי רֵיחַ נִיחַחֵי תִשְׁמְרוּוּ לְהַקְרִיב לִי בְמוֹעֵדוֹ: **ג** וְאִמְרַתְּ לָהֶם זֶה הָאִשָּׁה אֲשֶׁר תִּקְרִיבוּ לַיי כִּבְשִׁים בְּנֵי־שָׁנָה תְּמִימִם שְׁנַיִם לַיּוֹם עֹלָה תְּמִיד: **ד** אֶת־הַכֶּבֶשׂ אֶחָד תַּעֲשֶׂה בַבֶּקֶר וְאֵת הַכֶּבֶשׂ הַשֵּׁנִי תַעֲשֶׂה בֵּין הָעֹרְבִים: **ה** וְעִשְׂיִיתָ הָאִיפָה סֶלֶת לְמִנְחָה בְּלוּלָה בְשֶׁמֶן כְּתִית רִבִיעֵת הֶהָיִן: **ו** עֹלַת תְּמִיד הַעֲשִׂיָה בְּהָר סִינַי לְרֵיחַ נִיחַח אִשָּׁה לַיי:

¹ The Eternal spoke to Moses, saying: ² Command the Israelite people and say to them: Be punctilious in presenting to Me at stated times the offerings of food due Me, as offerings by fire of pleasing u to Me. ³ Say to them: These are the offerings by fire that you are to present to the Eternal: As a regular burnt offering every day, two yearling lambs without blemish. ⁴ You shall offer one lamb in the morning, and the other lamb you shall offer at twilight. ⁵ And as a meal offering, there shall be a tenth of an *ephah* of choice flour with a quarter of a *hin* of beaten oil mixed in— ⁶ the regular burnt offering instituted at Mount Sinai —an offering by fire of pleasing odour to the Eternal.

⁷ וַיִּנְסְכוּ רִבִיעֵת הֶהָיִן לַכֶּבֶשׂ הָאֶחָד בַּקֹּדֶשׁ הַסֶּף נֶסֶף שֶׁכֶר לַיי: **ח** וְאֵת הַכֶּבֶשׂ הַשֵּׁנִי תַעֲשֶׂה בֵּין הָעֹרְבִים כְּמִנְחַת הַבֶּקֶר וּכְנֹסְכוֹ תַעֲשֶׂה אִשָּׁה רֵיחַ נִיחַח לַיי: **ט** וּבַיּוֹם הַשַּׁבַּת שְׁנֵי־כִבְשִׁים בְּנֵי־שָׁנָה תְּמִימִם וּשְׁנֵי עֶשְׂרֹנִים סֶלֶת מִנְחָה בְּלוּלָה בְשֶׁמֶן וְנֹסְכוֹ: **י** עֹלַת שַׁבַּת בְּשֶׁפְתּוֹ עַל־עֹלַת הַתְּמִיד וְנֹסְכָה:

⁷ The libation with it shall be a quarter of a hin for each lamb, to be poured in the sacred precinct as an offering of fermented drink to the Eternal. ⁸ The other lamb you shall offer at twilight, preparing the same meal offering and libation as in the morning—an offering by fire of pleasing odour to the Eternal. ⁹ On the sabbath day: two yearling lambs without blemish, together with two-tenths of a measure of choice flour with oil mixed in as a meal offering, and with the proper libation— ¹⁰ a burnt offering for every sabbath, in addition to the regular burnt offering and its libation.

יא וּבִרְאֵשֵׁי חֳדָשֵׁיכֶם תִּקְרִיבוּ עֹלָה לַיי פָּרִים בְּנֵי־בָקָר שְׁנַיִם וְאַיִל אֶחָד כִּבְשִׁים בְּנֵי־שָׁנָה שִׁבְעָה תְּמִימִם: **יב** וּשְׁלֹשָׁה עֶשְׂרֹנִים סֶלֶת מִנְחָה בְּלוּלָה בְשֶׁמֶן לַפֶּרֶ הָאֶחָד וּשְׁנֵי עֶשְׂרֹנִים סֶלֶת מִנְחָה בְּלוּלָה בְשֶׁמֶן לְאֵיל הָאֶחָד: **יג** וְעִשְׂרֹן עֶשְׂרוֹן סֶלֶת מִנְחָה בְּלוּלָה בְשֶׁמֶן לַכֶּבֶשׂ הָאֶחָד עֹלָה רֵיחַ נִיחַח אִשָּׁה לַיי: **יד** וְנֹסְכֵיהֶם חֲצִי הֶהָיִן יִהְיֶה לַפֶּר וּשְׁלִישֵׁת הֶהָיִן לְאֵיל וּרְבִיעֵת הֶהָיִן לַכֶּבֶשׂ יֵין זֹאת עֹלַת חֹדֶשׁ בְּחֹדְשׁוֹ לְחֹדְשֵׁי הַשָּׁנָה: **טו** וּשְׁעִיר עִזִּים אֶחָד לְחֹטָאת לַיי עַל־עֹלַת הַתְּמִיד יַעֲשֶׂה וְנֹסְכוֹ:

¹¹ On your new moons you shall present a burnt offering to the Eternal: two bulls of the herd, one ram, and seven yearling lambs, without blemish. ¹² As meal offering for each bull: three-tenths of a measure of choice flour with oil mixed in. As meal offering for each ram: two-tenths of a measure of choice flour with oil mixed in. ¹³ As meal offering for each lamb: a tenth of a measure of fine flour with oil mixed in. Such shall be the burnt offering of pleasing odour, an offering by fire to the Eternal. ¹⁴ Their libations shall be: half a *hin* of wine for a bull, a third of a *hin* for a ram, and a quarter of a *hin* for a lamb. That shall be the monthly burnt offering for each new moon of the year. ¹⁵ And there shall be one goat as a sin offering to the Eternal, to be offered in addition to the regular burnt offering and its libation.

	<p>Dedication of the Alyth building and our new community spaces</p> <p>Saturday 19 October 2024</p> <p>16:00 Afternoon Service & Dedication</p> <p>17:00 Havdalah & Reception</p> <p>18:00 Party for all ages</p>
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First Haftarah of Rebuke in Advance of Tisha B’Av

Jeremiah 1:13-2:3

¹³And the word of the Eternal came to me a second time: What do you see? I replied: I see a steaming pot, tipped away from the north. ¹⁴And the eternal said to me: From the north shall disaster break loose upon all the inhabitants of the land! ¹⁵For I am summoning all the peoples of the kingdoms of the north—declares the Eternal. They shall come, and shall each set up a throne before the gates of Jerusalem, against its walls roundabout, and against all the towns of Judah. ¹⁶And I will argue My case against them for all their wickedness: they have forsaken Me and sacrificed to other gods and worshiped the works of their hands.

¹⁷So you, gird up your loins, arise and speak to them all that I command you. Do not break down before them, lest I break you before them. ¹⁸I make you this day a fortified city, and an iron pillar, and bronze walls against the whole land—against Judah’s kings and officers, and against its priests and citizens. ¹⁹They will attack you, but they shall not overcome you; for I am with you—declares the Eternal —to save you.

²¹ The word of the Eternal came to me, saying, ²Go proclaim to Jerusalem: Thus said the Eternal: I accounted to your favor the devotion of your youth, your love as a bride—how you followed Me in the wilderness, in a land not sown. ³Israel was holy to the Eternal, the first fruits of God’s harvest. All who ate of it were held guilty; disaster befell them—declares the Eternal.

Save the Dates

Erev Tisha B’Av

Monday 12 August, 19:15 - 22:00
Please join us for an evening of learning and reflection as we fast and mourn the many tragedies we have suffered. The evening programme is as follows:
19:15 Light pre-fast meal (email nicola@alyth.org.uk to let us know you are eating with us)
19:45 Ma’ariv service (in person)
20:30 Shiur and chanting of Eichah.

Join Progressive Judaism for their Shiur on Eichah, the Book of Lamentations, given by Rabbi Dr Deborah Kahn-Harris, Principal of Leo Baeck College, whose talk is entitled ‘The Timelessness of Trauma: The Book of Lamentations as Paradigm for Witnessing Acts of Terror.’ This will be followed by the chanting of Eichah. Either join this as one group from Alyth, or from your home. (ID: 814 6913 0198 Passcode: 9AV5784).

SWAY Days

Monday 12 - Friday 16 August, 9:00 – 15:30

Spend the Summer With Alyth Youth... our fantastic day camp brings together all members from Reception to Year 6. Situated at Alyth, the scheme has a safe and homely environment, which gives us the flexibility to use our space in exciting and innovative ways.

Alyth Summer Trip to Hughenden Manor

Tuesday 20 August, 9:30

Leaving Alyth by coach, join Rabbi Golan and Lynette for a fun day out visiting the home of Benjamin Disraeli. We will hear a talk about Disraeli and the house, followed by a tour of the Manor. We will arrive back at Alyth at approximately 16:30. *Only a few spaces left!*
Cost: £55 per person; NT members £40 (lunch is not included).
Email lynette@alyth.org.uk or call on 020 8457 8793 to book.

SWAY Away

Monday 26 - Friday 30 August

For current Year 3-8 children, Summer With Alyth Youth is an annual milestone in our young people’s lives. It is our home away from home, led by our wonderful team of Alyth trained madrichim (youth leaders).

Food For Thought – Table Talk

We all have recipes which have passed down through the generations, many remain unchanged, a few are adapted to a more modern palette. Whether it’s a traditional kugel or a Middle Eastern-inspired delicacy, no gathering would be complete without it on your table. As part of our up-coming Elul programme, we will be hosting a Table Talk where we will chat about recipes and the memories they evoke. If you have a special recipe and would like to share it with your Alyth family, please submit it to lynette@alyth.org.uk no later than Friday 16 August. We will pick a few of these to make in advance, ready for us to sample on Monday 9 September. Bring your appetite!

Community News

Alyth is built on a foundation of mutual care, in which we share one another’s joys and sorrows, and accompany one another through our life journeys.

On this Shabbat we celebrate with:

Noah Kester, who is reading Torah for the first time in our Shabbat morning service to celebrate becoming Bar Mitzvah.

We regret to announce the death of:

Leonard Goodman, husband of Eve Goodman and father of Benjamin Goodman, Deborah Goodman, Sarah Goodman and Joel Goodman

We join with those marking the anniversary of the death of a loved one:

Linda Bayfield, mother of Daniel Bayfield, Lucy Weiner, Rabbi Miriam Berger, first wife of Tony Bayfield

Hannah Clarke, mother of David Clarke

Henry Cooper, father of Jacqueline Leigh

Harold Courtney, father of Debra Berzin Cohen

Rabbi Dow Marmur, father of Elizabeth Marmur

Miriam Esterman, mother of Susan Fulcher

Mary Freeman, mother of Seymour Freeman

Sidney Gale, father of Louise Gale

Simon Garfield, father of Barry Garfield

Estelle Goldman, mother of Jonathan Goldman

Sylvia Goldwyn, mother of Esta Adams

Marguerite Goodman, mother of Brian Goodman

Pamela Green, mother of David Green

Eallan Hirshfeld, father of Keren Darmon

David Juran, husband of Jane Juran

Bernard Kay, father of Lucille Cohen

Morris Langleben, father of David Langleben

Jack Levan, father of Ruth Rosen

May Levitt, mother of Elinor Furman

Roni Lewn, father of Carmel Lewin

Lorna Lipman, mother of Gary Lipman

Bernard Lyons, father of Irene Rose

Neri Neumann, mother of Irit Burkeman

Anthony Oberman, brother of Wendy Weiner

Shoshana Parnas, mother of Zvia Klier

Maurice Phillips, father of Sheila Curtis

Simon Rosenberg, brother of Helen Lederman

Eunice Ross, mother of Odette Pyzer

Theodore Shattock, husband of Avril Shattock, father of Alex Shattock

Oscar Sheldon, father of Anthony Sheldon

Bernard Simon, husband of Anita Simon, father of Michael Simon and Paul Simon

Mervyn Yamey, husband of Anthea Yamey

The Stonesetting for Awrom (Abe) Alperstein, father of Caronne Graham and René Anisfeld will take place on Sunday 11 August at 11:30 at Bushey New Cemetery, Little Bushey Lane, WD23 3FF.

Community Director
adam@alyth.org.uk; 020 8457 8789

Head of Community Care and Life Cycle Designated Safeguarding Lead
lynette@alyth.org.uk; 020 8457 8793

Head of Member Engagement
(currently on maternity leave)

Rabbinic Team
Rabbi Golan Ben-Chorin, Rabbi Hannah Kingston, Rabbi Elliott Karstadt (On Sabbatical)
Rabbi Colin Eimer, Rabbi Nicola Feuchtwang
Rabbi Josh Levy (Emeritus)