

# Around Alyth

July & August 2024



As summer beckons, many aspects of Alyth life quieten down a little, but not all! Over the summer months, our Youth and Education Hub provide a variety of activities for our younger members. See below for information about the Alyth summer schemes. For our other services, learning, trips and gatherings through the summer, see inside.

## Jolly July

Monday 22 – Friday 26 July (9:00 – 12:30)

Jolly July is a perfect way for children aged 2-4 to spend the school holiday. Situated at Alyth, the scheme has a safe and homely environment and we have the flexibility to use our space in exciting and innovative ways.

Please [click here](#) to sign up. *The deadline for signing up is Friday 12 July.*

## SWAY Days

Monday 12 – Friday 16 August (9:00 – 15:30)

Spend the Summer With Alyth Youth... our fantastic day camp brings together all members from Reception to Year 6. Situated at Alyth, the scheme has a safe and homely environment, which gives us the flexibility to use our space in exciting and innovative ways.

Please [click here](#) to sign up. *The deadline for signing up is Friday 2 August.*

## SWAY Away

Monday 26 – Friday 30 August

For current Year 3-8, Summer With Alyth Youth is an annual milestone in our young people's lives. It is our home away from home, led by our wonderful team of Alyth trained madrichim (youth leaders). Please [click here](#) to sign up. *The deadline for signing up is Friday 2 August.*

## Alyth's General Meeting Of Congregants

Thursday 18 July, 19:30

The General Meeting of Congregants to approve subscriptions will take place in person and online via Zoom. The main purpose of the General Meeting is for congregants to approve the levels of subscriptions for the coming year as proposed by the Trustees.

Please [click here](#) to see the papers and [here](#) to register and let us know you are attending.

### EREV SHABBAT SERVICES

In-Person and Online every Friday at 18:30

#### Erev Shabbat Service (*Fridays 5, 12, 19, 26 July & 2, 9, 16, 23, 30 August*)

We begin Shabbat with our uplifting and inspirational, intergenerational Erev Shabbat service.

A unique combination of song, reflection, prayer & learning.

*The service on 23 August will be led by our SWAY Away madrichim with our Rabbis. The D'var Torah will be given by our visiting Leo Baeck Haifa madrichim.*

### SHABBAT MORNING SERVICES

In-Person and Online every Saturday

#### *Saturday 6 July*

##### **Shabbat Morning Choral Service, 10:30**

Led by Rabbi Hannah with the Alyth choir.  
Including the Bar Mitzvah of Theo Piceathly.

##### **Sensory Shabbat, 11:00**

Join us for our Sensory Shabbat service. See 'Pray with us for Families' for more information.

#### *Saturday 13 July*

##### **Shabbat Morning Service, 10:30**

Led by Rabbi Hannah and Rabbi Elliott, accompanied by guitar. Including the B'not Mitzvah of Leila and Miriam Selsick.

##### **Kollot, 10:30**

Our informal, unaccompanied, participatory minyan. Led by Rabbi Golan.

##### **Shabbat Afternoon Service, 15:00**

Led by Lynette. Including the Bar Mitzvah of Alexander Wayne.

#### *Saturday 20 July*

##### **Shabbat Morning Choral Service, 10:30**

Led by Rabbi Golan with the Alyth choir. Including the B'not Mitzvah of Sacha Sloan and Clara Stone-Panadero.

##### **Gesher, 11:00**

Our musical service providing a bridge between our youngest family services and the next stage in Alyth families' prayer life.

#### *Saturday 27 July*

##### **Shabbat Morning Service, 10:30**

Led by Rabbi Hannah. Including the Bar Mitzvah of Noah Kester.

#### *Saturday 3 August*

##### **Shabbat Morning Service, 10:30**

Led by Rabbi Hannah and Justin Wise, accompanied by guitar. Including the Bat Mitzvah of Polly Ostrovsky.

##### **Sensory Shabbat, 11:00**

Join us for our Sensory Shabbat service. See 'Pray with us for Families' for more information.

#### *Saturday 10 August*

##### **Shabbat Morning Choral Service, 10:30**

Led by Rabbi Golan with the Alyth Choir. Including the Bar Mitzvah of Jamie Krut.

#### *Saturday 17 August*

##### **Shabbat Morning Choral Service, 10:30**

Led by Rabbi Golan with the Alyth Choir.

#### *Saturday 24 August*

##### **Shabbat Morning Choral Service, 10:30**

Led by Rabbi Golan with the Alyth Choir. Including the Bat Mitzvah of Isabel Javor.

#### *Saturday 31 August*

##### **Shabbat Morning Choral Service, 10:30**

Led by Rabbi Nicola and Rabbi Hannah with the Alyth Choir. Including the Bar Mitzvah of Jordan Joseph.

## Pray With Us

July / August 2024

### PRAY WITH US FOR FAMILIES ON SHABBAT

#### Baby Den

*Fridays 5, 12, 19, 26 July & 2, 9, 16, 23, 30 August (10:30)*

Chug-a-lug into Shabbat. Sing your favourite Baby Den songs, dance to a Shabbat beat and wave to some familiar faces. For families with Young Children.

#### Sensory Shabbat

*Saturdays 6 July & 3 August (11:00)*

Our Shabbat service designed to stimulate your babies' senses in the first years of their life. Join the team and the dungareenees in this service where you and your baby can touch, see, smell and hear your way through the service.

#### Gesher

*Saturday 20 July (11:00)*

Our musical service providing a bridge between our youngest family services and the next stage in Alyth families' prayer life.

### SUNDAY SHACHARIT

**Sundays 7, 14, 21, 28 July & 4, 11, 18, 25 August (9:00)**

Every Alyth week begins with a lay-led minyan with bagel breakfast at Alyth, led by Alyth members. All are welcome.

*The service on Sunday 25 August will take place at a members home. Please see the weekly email for more information.*

### TISHA B'AV

**Monday 12 & Tuesday 13 August**

Tisha B'Av starts on the evening of Monday 12 August. Please see the weekly email for more information about our services and study sessions.

### Meet the Editor of the new Machzor

**Tuesday 16 July (19:00)**

We are very excited that the new Reform Machzor - the first for 40 years - has been printed and copies will soon be available to collect from Alyth for those who have pre-ordered. If you would like to purchase a copy, please [click here](#).

We are delighted that Rabbi Paul Freedman, Senior Rabbi at Radlett Reform Synagogue and co-editor of the new Machzor, will be joining us to speak about the process of putting it together; why a new machzor is needed; how it should look and what it should contain.

Copies of the machzor will also be available to purchase on the evening.

### Judaism: the Essentials

Tuesdays, 20:00-21:30ish

Our regular introduction to Judaism class taught by our clergy. Essentials is the perfect class for those coming to Judaism for the first time, or looking to consolidate the learning of a lifetime - or anywhere in between. New students are always welcome.

Please contact Rabbi Elliott [elliott@alyth.org.uk](mailto:elliott@alyth.org.uk) for more information.

- 2 Death and the World to Come
- 9 Birth and Childhood
- 16 Jewish Theology and Tisha B'Av

*Essentials returns on 3 September.*

### Adult Hebrew

#### Intensive Hebrew Reading Course

Tuesdays 2 & 9 July, 19:00-19:45

For beginners, to learn the aleph-bet and basic decoding skills.

*These sessions are taught by Alyth member Jan Roseman. Contact [alythadmin@alyth.org.uk](mailto:alythadmin@alyth.org.uk).*

*Hebrew returns on 1 October*

#### Hebrew Reading Course

Tuesdays 2 & 9 July, 20:00-21:00

For those already proficient in Hebrew reading, to continue to develop their skills.

#### Biblical Hebrew

Sundays, 11:15-12:30 and Wednesdays 18:00-19:15

A programme for those with high level Hebrew reading ability. Email [edwardjgold@hotmail.com](mailto:edwardjgold@hotmail.com) if you would like to join this class so that you can be sent the link and materials in advance. Sundays class is "Prayer Book Hebrew: studying the Hebrew and how it is translated" and Wednesdays class is "Biblical Hebrew: Studying the Weekly Parashah".

### Pardes: "The Nose Knows" – Or Does It?

Thursdays 11 & 18 July, 13:00-14:00

An exploration of smell and our other senses in Bible and Rabbinic literature (based on Rabbi Nicola's rabbinic dissertation).

*Pardes returns on 5 September.*

### Shabbat Shiur

Saturdays 13 July & 10 August, 9:15-10:15

#### Divine Magic

Saturday 13 July

Our sidra has lots of 'divine magic': red heifers which can overcome ritual defilement and getting water from a rock by talking to it. Join Rabbi Colin to see how just how looking at a brass serpent on a pole is enough to overcome poisonous snake bites.

#### The Haftarah For Shabbat Before Tisha B'Av

Saturday 10 August

The Haftarah for this Shabbat before Tisha B'Av is the first chapter of Isaiah – the prophet we read and quote more often than any other. Join Rabbi Nicola to discuss why (apart from its beautiful poetry)? How does Isaiah differ from our other prophets?

### The Alyth Chavruta Project Returns Thursdays in September

We are delighted to announce that the Alyth Chavruta Project returns in September for four sessions on Thursday evenings, in preparation for the High Holy Days. Over the four sessions we will take a deep dive into the iconic story of Rosh Hashanah: the Binding of Isaac by his father Abraham (the Akeidah). We will read the biblical story in detail, as well as using ancient and medieval commentaries to help us, and reading contemporary responses to help find modern relevance in this strange and (for some) horrifying story.

Chavruta is a classical form of Jewish study, in which two people grapple with a text together. The Talmud declares, "Two students learning together sharpen one another". If you were involved in the previous course and you want to continue, please email us at [acp@alyth.org.uk](mailto:acp@alyth.org.uk). If you are new to the Alyth Chavruta Project, please join us by filling out the [registration form](#) – you can join with a study partner already in mind, or we can find you one!

### Alyth Summer Outing - Hughenden Manor Tuesday 20 August (9:30 - 16:30)

Leaving Alyth by coach, join Rabbi Golan and Lynette for a fun day out visiting the home of Benjamin Disraeli. We will hear a talk about Disraeli and the house, followed by a tour of the Manor. We will arrive back at Alyth at approximately 16:30.

Cost: £55 per person; NT members £40

Lunch is not included - please bring a picnic or lunch can be purchased at the on-site café.

Spaces are limited. In order to book, please email Lynette: [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk) or call on 020 8457 8793.



## Elul Programme

Join us for an Elul Programme to celebrate the new part of the building and making it part of our home. Throughout the month of September our newly built spaces will be filled with our regular activities and special programmes, we hope you will join us.

Please see the weekly email and September's Around Alyth as we confirm more Elul activities.



### Weekly

#### Monday Club

*Mondays 8, 15, 22, 28 July, 19:00-20:30*

A friendly in-person meeting place for people with learning disabilities. For more information or to let us know you will be attending,, please email [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk).

*Monday Club returns on 2 September*

#### Alyth Choral Society

*Tuesdays, 20:00-22:00*

New members are always welcome to join the choir. We have two or three concerts a year, one with full orchestra. [Click here](#) or email [alythchoralsociety@gmail.com](mailto:alythchoralsociety@gmail.com) if our future programme inspires you.

#### Mellow Chair Yoga for All Ages

*Thursdays, 11:00-12:00*

Our special Chair Yoga and Meditation with Maxine, open to all ages wishing to enhance overall mental and physical wellbeing.

[Click here](#) to register and pay for the class.

#### Choir Rehearsals

*Saturday 20 July, 9:15-10:15*

*Saturdays 10, 17, 31 August, 9:15-10:15*

Rehearsing Alyth's choral repertoire for Shabbat Services.

#### High Holy Day Choir Rehearsals

*Wednesdays 3, 10, 17 July, 20:00-21:30*

*Sunday 21 July, 16:00-18:00*

Rehearsing Alyth's HHD repertoire. Email [katie@alyth.org.uk](mailto:katie@alyth.org.uk) if you would like to join the choir.

### Monthly

#### Alyth Book Club

*Mondays 1 July, 18:30*

The July book is Michael Rosen, *So They Call You Pisher: A Memoir*.

#### Alyth Cycling Community Bike Ride

*Sundays 14 July & 11 August, 8:15*

Bringing riders of all abilities together to enjoy cycling and conversation. For more information, please contact [laurancemendoza@aol.com](mailto:laurancemendoza@aol.com).

#### Refugee Choir

*Sundays 28 July & 18 August, 13:30-14:30*

This multi-faith, multicultural choir is open to refugees, drop-in volunteers and the wider Alyth community.

#### Singing for Pleasure

*Sundays 28 July & 18 August, 15:30-16:30*

Join Viv and sing songs from the shows, Israeli folksongs, songs from the 60s and more. No need to audition, read music or feel intimidated.

#### Jewish Mindfulness and Meditation

*Fridays 5, 12, 19, 26 July & 2, 9, 16, 23, 30 August  
17:00-18:00 (Online only)*

JMM helps us to open our hearts and find peace through our spiritual heritage.

[Click here](#) to make a donation towards the cost of employing the facilitators.

## Alyth Choral Society Concert: Trial by Jury

Sunday 7 July (19:00)

Alyth Choral Society invite you to an Edwardian Evening of parlour songs, piano duets and Gilbert & Sullivan's 'Trial By Jury'

Conductor: Alison Smart Fisher

Accompanist: Tim Hooper

The Judge: Carl Gombrich

[Click here](#) to book your ticket.

### The Alyth Social Mondays at 14:00 – 16:00

Part of the Alyth Friendship Project. Join us for an afternoon of entertainment, discussion, tea and great company! Annual Membership: £25 per person members; £30 per person non-members; Weekly donation: £3.50 members; £5.00 non-members. Contact Lynette for more information. All are welcome.

#### July

##### 1 News, Schmooze and the Election

Join us for a discussion on what's in the news and on the impending Election on 4 July!

##### 8 So you think you know about Jews and Judaism

Louise Heilbron, a regular speaker at The Alyth Social will come and test our knowledge and give us a few facts and figures about Judaism.

##### 15 Songs That Tell Tales

Debbie Chazen, star of Cable Street and other West End musicals returns to take us through a musical story book of ducklings and goatherds;; Havana showgirls;; love found and lost;; astronauts and serial killers and more!

##### 22 The Life of Emma Hamilton

Tamara Rabin will talk to us about the life of Emma Hamilton who, amongst many other things, was the mistress of Lord Nelson.

##### 29 Summer Outing: The Old Guinea Restaurant

Have lunch in style with fine company. Travel by coach to The Old Guinea Restaurant in Potters Bar overlooking the beautiful fields of Hertfordshire. Cost: £25. Places are limited, so please book as soon as possible and no later than Monday 8 July (lynette@alyth.org.uk or 020 8457 8793).

#### August

##### 5 Around the UK

Pauline Martindale last came to speak to us about her career in the Prison Service. This time, she will give an illustrated talk sharing some of her memories of places which she has visited and come to love.

##### 12 Quiz Time

Come and test the little grey cells with knowledge of anything and everything in our super quiz!

##### 19 Singing for Pleasure

Join Viv and her choir and sing along to some of our favourite tunes on a summer's day!

#### Shabbat B'Yachad Lunch

Saturdays 6 July & 3 August, 12:30-14:00

As part of the Alyth Friendship Project, a special lunch after the shabbat service.

For catering purposes, please let Lynette know you are coming at [lynette@alyth.org.uk](mailto:lynette@alyth.org.uk) or 020 8457 8793. *There is no charge for this, but donations are always appreciated.*

### Bank Holiday Ramble Monday 26 August (10:00 - 16:00)

#### Greys Court (near Henley)

An undulating seven mile walk through beech woodlands and arable farmland, including a visit to the glorious gardens of Grey's Court. Please bring a picnic lunch, boots and sticks advisable. Please book in by emailing [vivienne.bellos@btinternet.com](mailto:vivienne.bellos@btinternet.com)

## Learn With Us: Youth and Education

July / August 2024

### Weekly Learning

#### SMG

*Sunday 7 July (10:00-12:00)*

Our Jewish education programme for Reception to Year 6. [Click here](#) to enrol into SMG.

SMG provides our youngest members the opportunity to explore their Jewish identity, key Jewish behaviour and rituals and Jewish texts.

#### Ruach 1 - 4

*Friday 5 July (17:15-19:30)*

Our pre Bar/Bat Mitzvah programme delivered by our wonderful team of madrichim. Participants can come from 16:30 for Drop-In and are expected to stay for the Erev Shabbat Service, finishing at 19:30.

### Drama Activities

#### Alyth Children's Theatre (ACT)

*Thursday 4 July (17:00-18:15)*

Our drama group for primary school aged children. The group rehearse all year and then perform the show in the summer.

#### Academy of Performing Arts

*Sundays (18:00-20:00)*

A feature of the Alyth calendar for secondary school aged children for over 20 years.

Please contact [abi@alyth.org.uk](mailto:abi@alyth.org.uk) to sign up or for any of our drama groups

**Our Weekly Learning and Drama Activities return in September**

### Jolly July

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