

Around Alyth

June 2024



Shavuot

Tuesday 11 and Wednesday 12 June

Tuesday 11 June (from 18:30)

Join us for all or part of our Tikkun Leil Shavuot. Sessions start at 18:30 with dinner at 19:30, followed by more sessions and Ma'ariv at 21:30.

Wednesday 12 June (from 7:45)

Our Shavuot Morning sessions and Services start at 7:45 with Heath-boddedut on the Heath. At 9:15, back at Alyth, have breakfast whilst studying in our Shiur, followed by the Shavuot Choral Service at 10:15 and a Sensory Shavuot Service starting with a blessing for babies at 10:50.

[Click here](#) to see the full programme. Please also register [here](#) so that we know how many to cater for and where to allocate the various sessions.

General Election Hustings

Thursday 27 June, 19:30

Voting and participating in the political process are not just encouraged, but required by our Jewish tradition. It is also crucial that we are informed about what we are voting for when we step into the Polling Station.

In collaboration with Golders Green Parish Church, we are delighted to host a special multi-faith general election hustings for the Finchley and Golders Green Constituency. There will be an opportunity to hear from the candidates about their vision, and to grill them about their proposals. The evening will be chaired by Alyth member, Michael Skapinker (*Contributing Editor at the Financial Times*). **Alex Deane** (*Conservative*), **Sarah Hoyle** (*Liberal Democrat*), and **Sarah Sackman** (*Labour*) have all so far confirmed their attendance.

[Click here](#) to let us know you are coming – you can also submit a question to the candidates when you sign up. Light Refreshments will be provided.

Disney
**BEAUTY
AND THE
BEAST**



Alyth Children's Theatre's
production of:

Beauty and the Beast Jr

Sunday 23 June, 14:30 and 18:00

Please join us for one of the performances of
Beauty and the Beast Jr!

Tickets cost £15 adults, £12 for concessions,
and £7 for children still in school and can be bought
by [clicking here](#).

EREV SHABBAT SERVICES

In-Person and Online every Friday at 18:30

Erev Shabbat Service (Fridays 7, 14, 21, 28 June)

We begin Shabbat with our uplifting and inspirational, intergenerational Erev Shabbat service.

A unique combination of song, reflection, prayer & learning.

After the service on 7 July we will be having a dinner for our returning students.

Email abi@alyth.org.uk so that we know how many to cater for.

SHABBAT MORNING SERVICES

In-Person and Online every Saturday

Saturday 1 June

Shabbat Morning Service, 10:30

Including the Bar Mitzvah of Solly Jackman-Overlander.

Shin Gi: Jewish Prayer in Motion, 10:30

Experience the fusion of Shin Gi (akin to Tai Chi) and Jewish prayer as a means of gaining new insight into Tefillah.

Sensory Shabbat, 11:00

Join us for our Sensory Shabbat service. See 'Pray with us for Families' for more information.

Saturday 8 June

Shabbat Morning Service, 10:30

Led by Rabbi Elliott and Rabbi Hannah, and Nicky Minter-Green, accompanied by guitar. Including the Bar Mitzvah of Charlie Phillips.

Kollot, 10:30

Our informal, unaccompanied, participatory minyan. Led by Rabbi Golan and Justin Wise.

Shabbat Afternoon Service, 14:30

Led by Rabbi Hannah. Including the Bat Mitzvah of Carla Susgaard-Vigon.

Saturday 15 June

Shabbat Morning Choral Service, 10:30

Led by Rabbi Golan with the Alyth choir. Including the Bar Mitzvah of Samuel Koehne.

Gesher, 11:00

Our musical service providing a bridge between our youngest family services and the next stage in Alyth families' prayer life.

Shabbat Afternoon Service, 16:00

Led by Rabbi Elliott with the Big Bang band. Including the Bat Mitzvah of Jemima Blendis.

Saturday 22 June

Shabbat Morning Service, 10:30

Led by Rabbi Elliott. Including the Bar Mitzvah of Dino Panizzo.

Imrei Finu, 10:30

An informal Shabbat morning service with guitar, including the singing of new and familiar melodies. Led by Rabbi Josh.

Saturday 29 June

Shabbat Morning Choral Service, 10:30

Led by Rabbi Hannah with the Alyth choir. Including the Bar Mitzvah of Rafferty Ison.

Shabbat Morning Service, 10:30

Led by Rabbi Elliott and Abi Brunner, accompanied by guitar. Including the Bar Mitzvah of Tommy Chadwick.

Wellbeing Service, 10:30

Our occasional service in which we have the opportunity to reflect on our own wellbeing with prayer, song, and readings. We will join the service in the Beit Tefillah in time for the Sermon.

Led by Lynette and Justin Wise.



To pray. To learn. To live. Together.

Pray With Us

June 2024

PRAY WITH US FOR FAMILIES ON SHABBAT

Baby Den

Fridays 7, 14, 21, 28 June (10:30)

Chug-a-lug into Shabbat. Sing your favourite Baby Den songs, dance to a Shabbat beat and wave to some familiar faces. For families with Young Children.

Sensory Shabbat

Saturday 1 June (11:00)

Our Shabbat service designed to stimulate your babies' senses in the first years of their life. Join the team and the dungareenees in this service where you and your baby can touch, see, smell and hear your way through the service.

Gesher

Saturday 15 June (11:00)

Our musical service providing a bridge between our youngest family services and the next stage in Alyth families' prayer life.

SUNDAY SHACHARIT

Sundays 2, 9, 16, 23, 30 June (9:00)

Every Alyth week begins with a lay-led minyan with bagel breakfast at Alyth, led by Alyth members. All are welcome.

Tikkun Leil Shavuot

Tuesday 11 June

18:30

**The Crisis In
Young People's
Mental Health**

**Judaism, the
Essentials:
Exploring the
Book Of Ruth**

**Beyond The
Breaking Glass**

The Crisis In Young People's Mental Health

Join Rabbi Hannah and expert guests for a panel discussion on the pressing issue the mental health of our young people. We are delighted to be joined by James Kustow, Director of the Grove Practice, a recognised national and international speaker on adult ADHD. Additional speaker to be announced.

Judaism, the Essentials: Exploring the Book Of Ruth

Our regular Essentials class, open to both class members and all the community. Having studied the basics of Shavuot last week, this class will explore in detail the Book Of Ruth which is the traditional text read on Shavuot. Suitable for both beginners and those more experienced in Torah study. Facilitated by Rabbi Elliott.

Beyond The Breaking Glass: Uncovering Tools For Communication In The Jewish Wedding

A special session for those getting married, and for those recently married, with Alyth in the coming months. Communication is key for a sustainable marriage. Uncover powerful communication tools hidden within classic wedding rituals. With Rabbi Golan.

Tikkun Leil Shavuot

Tuesday 11 June

19:30	Dinner	
20:15	Israel and Antisemitism	Responding To Crisis Through Art and Music
	<p>Israel and Antisemitism Join Rabbi Golan and guests David Davidi-Brown (New Israel Fund) and Dr Keith Kahn-Harris (Birbeck College and Leo Baeck College) to consider how we respond in a Jewish way to two crises: the crisis unfolding in Israel and Gaza and the crisis of modern antisemitism which has reared its head in new ways in recent months.</p> <p>Responding To Crisis Through Art and Music Join Rabbi Hannah to explore ways in which we can responded to crisis through the medium of art and sound.</p>	
21:15	Break	
21:30	Ma'ariv	

Tikkun Leil Shavuot

Tuesday 11 June

22:30	Cheesecake	
22:45	Chavruta: How the Rabbis Responded to Crisis	Cheesecake continues for those who want to chat
22:45	Chavruta: How the Rabbis Responded to Crisis Living in crisis is not something new to the Jewish people. The rabbis of the Talmud and Midrash were also subject to historical moments of crisis. Join Rabbi Elliott to study stories of how the ancient rabbis responded to the crises of their times. (Finishing at midnight)	



Shavuot Morning

Wednesday 12 June

<p>7:45</p>	<p>Heath-boddedut Meeting at the corner of Wellgarth Road and Hampstead Way. Please join us to receive the Torah through guided meditation, movement and melodies on the Heath with Rabbi Golan, JMM's Mika Hadar-Borthwick and Maxine Levy, with Miriam Chachamu accompanying on the flute.</p>
<p>9:15</p>	<p>Breakfast Shiur: By The Rivers Of Babylon To The Warsaw Ghetto Upstairs in the Meeting Room As Jews, we are not strangers to crisis and catastrophe, be it physical, spiritual, moral or existential. Each presents its own particular challenges. Explore how we have responded to those challenges in different times and places with Rabbi Colin.</p>
<p>10:15</p>	<p>Shavuot Choral Service In the Beit Tefillah Led by our Rabbis with the Alyth choir.</p>
<p>10:50</p>	<p>Blessing for Babies In the Beit Tefillah All families with babies born since last Shavuot are invited to join the Choral Service (before Sensory Shavuot) for a special blessing.</p>
<p>11:00</p>	<p>Sensory Shavuot In the Kindergarten A special service designed to stimulate your babies' senses in the first years of their life. Join the team and the dungareenees in this service where you and your baby can touch, see, smell and hear your way through the service.</p>

Judaism: the Essentials

Tuesdays, 20:00-21:30ish

Our regular introduction to Judaism class taught by our clergy. Essentials is the perfect class for those coming to Judaism for the first time, or looking to consolidate the learning of a lifetime - or anywhere in between. New students are always welcome.

Please contact Rabbi Elliott elliott@alyth.org.uk for more information.

- 4 Shavuot
- 11 Tikkun Leil Shavuot
- 18 How does Conversion work – The Bet Din and the Mikveh
- 25 Birth and Childhood

Adult Hebrew

Intensive Hebrew Reading Course

Tuesdays 18 & 25 June, 19:00-19:45

For beginners, to learn the aleph-bet and basic decoding skills.

These sessions are taught by Alyth member Jan Roseman. Contact alythadmin@alyth.org.uk.

Hebrew Reading Course

Tuesdays 18 & 25 June, 20:00-21:00

For those already proficient in Hebrew reading, to continue to develop their skills.

Biblical Hebrew

Sundays, 11:15-12:30 and Wednesdays 18:00-19:15

A programme for those with high level Hebrew reading ability. Email edwardjgold@hotmail.com if you would like to join this class so that you can be sent the link and materials in advance. Sundays class is "Prayer Book Hebrew: studying the Hebrew and how it is translated" and Wednesdays class is "Biblical Hebrew: Studying the Weekly Parashah".

Pardes: The Perils of Pairs in the House of Study

Thursdays 9, 16, 23, 30 June, 13:00-14:00

The rabbis of the Talmud were often worried about pairs – both things that came in pairs and people studying in pairs. Join Rabbi Elliott as we examine how and why the rabbis thought they were potentially so dangerous.

- 6 The Omer and the Plague that Killed 24,000
- 13 No Pardes today
- 20 The Perils of Entering the Study House
- 27 Just Superstition, or the Real Supernatural Power of Pairs?

Shabbat Shiur

Saturday 1 June, 9:15-10:15

Different types of Jewish law

Saturday 1 June

Our parasha begins 'im be-chukkota'. But when it comes to Jewish law, what is the difference between a 'chok' and a 'mishpat', and why do we need the distinction? With Rabbi Hannah.

Weekly

Monday Club

Mondays 3, 10, 17, 24 June, 19:00-20:30

A friendly in-person meeting place for people with learning disabilities. For more information or to let us know that you will be attending, please email lynette@alyth.org.uk.

Alyth Choral Society

Tuesdays, 20:00-22:00

New members are always welcome to join the choir. We have two or three concerts a year, one with full orchestra. [Click here](#) or email alythchoralsociety@gmail.com if our future programme inspires you.

Mellow Chair Yoga for All Ages

Thursdays, 11:00-12:00

Our special Chair Yoga and Meditation with Maxine, open to all ages wishing to enhance overall mental and physical wellbeing.

[Click here](#) to register and pay for the class.

Choir Rehearsals

Saturday 15 & 29 June, 9:15-10:15

Rehearsing Alyth's choral repertoire for Shabbat Services.

Monthly

Alyth Book Club

Monday 3 June, 18:30

This month's book is Naomi Alderman, "The Power." The book under discussion on 1 July is Michael Rosen, So They Call You Pisher: A Memoir.

Alyth Cycling Community Bike Ride

Sunday 9 June, 8:15

Bringing riders of all abilities together to enjoy cycling and conversation. For more information contact laurancemendoza@aol.com.

Refugee Choir

Sunday 16 June, 13:30-14:30

This multi-faith, multicultural choir is open to refugees, Drop-in volunteers and the wider Alyth community.

Singing for Pleasure

Sunday 16 June, 15:30-16:30

Join Viv and sing songs from the shows, Israeli folksongs, songs from the 60s and more. No need to audition, read music or feel intimidated.

Jewish Mindfulness and Meditation

Fridays 7, 14, 21, 28 June, 17:00-18:00 (Online only)

JMM helps us to open our hearts and find peace through our spiritual heritage.

[Click here](#) to make a donation towards the costs of employing the facilitators.

A Celebration of Music

Wednesday 19 June (19:00-21:30)

The Board of Deputies of British Jews, together with Alyth, The Liberal Jewish Synagogue and West London Synagogue, invite you to a wonderful evening of music celebrating National Refugee Week.

[Click here](#) to book your ticket (£20 per ticket).

Welcome back to Katie Hainbach

We are delighted to welcome Katie back from her Maternity Leave.

The Alyth Social Mondays at 14:00 – 16:00

Part of the Alyth Friendship Project. Join us for an afternoon of entertainment, discussion, tea and great company! Annual Membership: £25 per person members; £30 per person non-members; Weekly donation: £3.50 members; £5.00 non-members. Contact Lynette for more information. All are welcome.

3 Concert: Lara Cucic

Lara Cucic from the Guildhall School of Music and Arts will play works by Faure, Poulenc and Chopin.

10 Summer Quiz

Come and test the little grey cells with one of Lynette's Super Quizzes!

17 Women Boxers through History

Tamara Rabin will talk about women boxers through the ages

24 The Golden Age of Broadway

Barry Kester has always been fascinated by the story of Rodgers & Hammerstein's musical Carousel. We will learn about his book "Road in Circles" and the Golden Age of Broadway musicals.

Shabbat B'Yachad Lunch

Saturday 1 June

As part of the Alyth Friendship Project, a special lunch after the shabbat service.

Sunday 23 June

Join us for lunch before enjoying the matinée performance of Alyth Children's Theatre's production of Beauty and the Beast Jr.

For catering purposes, please let Lynette know you are coming at lynette@alyth.org.uk or 020 8457 8793. *There is no charge for this but donations are always appreciated.*



Alyth Children's Theatre's
production of:

Beauty and the Beast Jr

Sunday 23 June, 14:30 and 18:00

Please join us for one of the performances of
Beauty and the Beast Jr!

Tickets cost £15 adults, £12 for concessions,
and £7 for children still in school and can be bought
by [clicking here](#).

Weekly Learning

SMG

Sundays 9, 16, 23, 30 June (10:00-12:00)
Our Jewish education programme for Reception to Year 6. [Click here](#) to enrol into SMG. SMG provides our youngest members the opportunity to explore their Jewish identity, key Jewish behaviour and rituals and Jewish texts.

Ruach 1 - 4

Fridays 7, 14, 21, 28 June (17:15-19:30)
Our pre Bar/Bat Mitzvah programme delivered by our wonderful team of madrichim. Participants can come from 16:30 for Drop-In and are expected to stay for the Erev Shabbat Service, finishing at 19:30.

Drama Activities

Alyth Children's Theatre (ACT)

Thursdays 6, 13, 20 June (17:00-18:15)
Our drama group for Primary School aged children. The group rehearse all year and then perform the show in June 2024.

Academy of Performing Arts

Sundays (18:00-20:00)
A feature of the Alyth calendar for Secondary School aged children for over 20 years. *Returns in September.*

Please contact abi@alyth.org.uk to sign up or for any of our drama groups

Jolly July

Monday 22 – Friday 26 July (9:00 – 12:30)

Jolly July is a perfect way for ages 2-4 to spend the school holiday. Being situated at Alyth, the scheme has a safe and homely environment while giving us the flexibility to use our space in exciting and innovative ways.

Please [click here](#) to sign up. *The deadline for signing up is Friday 12 July.*

SWAY Days

Monday 12 - Friday 16 August (9:00 – 15:30)

Spend the Summer With Alyth Youth... our fantastic day camp brings together all members from Reception to Year 6. Situated at Alyth, the scheme has a safe and homely environment, which giving us the flexibility to use our space in exciting and innovative ways.

Please [click here](#) to sign up. *The deadline for signing up is Friday 2 August.*

SWAY Away

Monday 26 - Friday 30 August

For current Year 3-8, Summer With Alyth Youth is an annual milestone in our young people's lives. It is our home away from home, led by our wonderful team of Alyth trained madrichim (youth leaders). Please [click here](#) to sign up. *The deadline for signing up is Friday 2 August.*