



	MONDAY 10 AUGUST	TUESDAY 11 AUGUST	WEDNESDAY 12 AUGUST	THURSDAY 13 AUGUST
MORNING				BE WITH US Mellow Chair Yoga (11:00-12:00)
AFTERNOON	BE WITH US Craft, Chat and Cuppa! (15:00-16:00)		BE WITH US News, Views and Schmooze (14:00 - 15:00)	LEARN WITH US Pardes: My Favourite... Psalm with Cantor Tamara (13:00-14:00)
EVENING		LEARN WITH US Hebrew Reading from Scratch (19:00-20:00)	PRAY WITH US Wednesday Ma'ariv (20:00-20:45)	